

Understanding Stress!

There are few things more damaging to our lives than stress. From work to family difficulties, it seems it's impossible to avoid, and its impact on us can be enormous. "Worry and stress affects the circulation, the heart, the glands, the whole nervous system, and profoundly affects heart action. -Dr. Charles Mayo, MD

The question now is **If we can't avoid stress,**
what can we do to manage it?

When it is all said and done, there is only one thing left - "Our Health & Wellbeing"

Next Generation

Genius Insight
Instantly Analyze & Balance
Your Energy Field



Are you Listening? Your Body Is Talking!

INFORMATION CODED
BIOFEEDBACK APPS.

Insight Health Apps Quantum Wellness



Simple, easy to use.

The Genius App will act as your guide towards better health.

A completely customized health journey is just a click away!

Are you ready to listen to your body?

INSIGHT HEALTH APPS

Quantum Wellness



Learn More About
The Genius Insight App Today!

Disclaimer

The Genius Insight App is intended for relaxation and education.

The Genius Insight App does not diagnose nor does it treat. Only a licensed physician may diagnose a patient.

CAN YOU BENEFIT FROM QUANTUM BIOFEEDBACK?

Recognizing that stress accounts for close to 90% of all diseases, almost everyone will experience tremendous benefit from experiencing a non-invasive modality that is designed to support the bodies own innate healing ability.

DID YOU KNOW?

If left alone, stress can manifest in the body and cause a whole myriad of problems ranging from severe diseases like Cancer to the more subtle imbalance like headaches, weight gain and digestive disturbances.

It is said that at the root of all diseases, there is one common underlying factor ~ 'STRESS'

WHY SHOULD I CHOOSE THE GENIUS INSIGHT APP?

Biofeedback has been scientifically proven to reduce your stress and help improve the quality of your life.

Biofeedback is relaxing, can help you manage your pain, and with the assistance of a biofeedback professional, is highly effective. In the hands of a skilled practitioner, The Genius Insight App offers insights into the body electric to help the individual understand the underlying causes of stress.

The Genius Insight App consists of powerful balancing modalities that can't only analyze the stress indicators in the body, but can also help to get the body back into balance by energetic stimulation to promote balance and harmony within the body.

HOW LONG DOES IT TAKE?

Sessions can vary from 25 up to 60 minutes, offering you a simple, well deserved break during a hectic week. Some clients schedule a session, every week while others visit more or less frequently. Your biofeedback specialist can help you design a program that best supports your wellness goals.

WHAT DOES BIOFEEDBACK FEEL LIKE?

Most people feel nothing at all during a session while others have spoken of feeling deeply relaxed and even revitalized after wards. The deeper results of a life without stress can be much more profound.



The Genius Insight App has been designed to help identify the specific stresses in your body that could be affecting your health.

Rise above your Stress with The Genius Insight App.

A whole new you is waiting...

YOU DESERVE THE BEST IN LIFE

So make an appointment with your Genius Insight Practitioner today.

Invest some time in yourself to discover how Biofeedback can improve the quality of your life.

Let The Genius Insight App discover your Wellness Score using these popular programs:

- Meridians
- Chakra Scan
- Aura Scan
- Emotional
- Body Systems
- Nutrition
- Homeopathy
- Solfeggio
- Risk Analysis
- Sacred Geometry
- Sensitivities
- Spinal Scan
- Toxicity/Stress
- Electro-Acupuncture
- Plus Much More!

Insight Health Apps Quantum Wellness



Donna Anthony
Flower of Health

Quantum Biofeedback
Remote Sessions

donna@flowerofhealth.com

847-977-0130